



January-June 2018 Snack Menu



Meal Account Info:

(925) 473-2419

www.pittsburg.k12.ca.us

PLEASE SCAN WITH SMART PHONE TO VISIT CHILD NUTRITION WEBSITE



Week One Starts Jan. 8 - Feb. 5 - Mar. 5 - Apr. 2, 30 - May 28 - Jun. 25

SCHOOL MEAL IS THE REAL DEAL - CHILD NUTRITION DEPARTMENT

Monday	Tuesday	Wednesday	Thursday	Friday
		WEEK ONE		
Animal Graham Crackers Chocolate Milk 8 oz.	UBR Oatmeal Round Milk 8 oz.	Bananas Milk 8 oz.	Froot Loops Cereal Cup Milk 8 oz.	Sun Chips Garden Salsa 100% Fruit Juice 6 oz.
		WEEK TWO		
Whole Grain Goldfish Cheddar Crackers Milk 8 oz.	Nutri Grain Fruit Bar Milk 8 oz.	Mandarins Cheese Sticks 1 oz.	Sport Bites Graham Crackers Chocolate Milk 8 oz.	Whole Grain Pop Tarts 100% Fruit Juice 6 oz.
		WEEK THREE		
Whole Grain Maple Sunrise Bites Milk 8 oz.	Apple Cinnamon Bear Graham Crackers Chocolate Milk 8 oz.	Danimals Yogurt 4 oz. Gripz Graham Crackers	Fresh Baked Muffins Milk 8 oz.	BBQ Popped Crisps 100% Fruit Juice 6 oz.
		WEEK FOUR		
Bug Bites Graham Crackers Milk 8 oz.	Cereal Bar Cinnamon Toast Crunch Milk 8 oz.	Fresh Apples Milk 8 oz.	Manager's Choice Chocolate Milk 8 oz.	Manager's Choice 100% Fruit Juice 6 oz.

Meal Pattern Requirements, Per USDA Requirements K-12

Milk - 8 oz. 1 Cup

100% Fruit Juice/Fruit – ¾ or 6 oz

Yogurt – 4 oz

Nuts/Seed Butter – 2 Tbsp

Grains/Bread – 1 slice or 1 Serving

Meat/Cheese/Protein – 1 oz

This menu meets the dietary requirements for calories, fat, saturated fat, iron, calcium, Vitamin A, Vitamin C, cholesterol, sodium and fiber for students in this age group. Menu subject to substitutions.



LOOK FOR THIS ICON ON YOUR DAILY MENU BOARD TO DISCOVER WHAT THE FEATURED CALIFORNIA FRESH ITEM IS! Child Nutrition office strives to source 75% of your food from California!

Payment for school meals may now be made online! With **MY SCHOOL BUCKS** parents can use a credit card or checking account to make a one-time payment or to set up automatic parents payments to manage their child/children's meal accounts. There is no fee for this service. **PLEASE SCAN WITH SMART PHONE TO VISIT MY SCHOOL BUCKS**



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